



RAIEBURN CALISTHENICS INC

Coaching Team Codes of Behaviour & Duty

As a member of the Coaching Team for Raieburn Calisthenics Inc, I will:

***Be of benefit to my team by:**

- being reliable and trustworthy
- using correct terminology
- always demonstrating to pupils to the best of my ability

***Be of benefit to the pupils by:**

- remembering pupils develop at their own rate mentally and physically
 - not pushing or expecting too much from pupils
- increasing their self-confidence and enjoyment of the sport
 - aiding skill development
 - increasing pupils terminology knowledge
 - learning and remembering each pupil's name
- ensuring that any matters brought to my attention are treated confidentially and respectfully

***Be of benefit to myself by:**

- improving my self-confidence, self-respect, and self-control
 - increasing my level of technical ability
- gaining personal satisfaction in seeing my pupils improve

***Uphold my personal presentation by:**

- always wearing correct calisthenics attire to both classes and competitions
 - keeping hair neat and not wearing excessive jewellery or make-up
 - promoting a healthy body image
- abiding by our Club and Calisthenic Victoria's non-smoking policy

***Set high standards for myself by:**

- arriving 10 minutes prior to class to confer with the coaching team
- notifying the exec at least 24hrs prior to any class I cannot attend (when possible)
 - always being positive and cheerful during class
 - encouraging and rewarding even the smallest achievement
- demonstrating to the best of my ability & being aware of banned movements
 - abiding by the Club's General Code of Conduct & Ethics
- upholding the Club's Child Safe Standards, and abiding by our Constitution
 - adhering to the Fair Play Code – Sports and Recreation Victoria
- treating Club matters with the respect and confidentiality they deserve
- honouring the Clubs commitment to equality, honesty, and confidentiality
 - treating all pupils equally and with respect

Encouraging Teamwork, Fun & Friendship