



RAIEBURN CALISTHENICS INC

General Code of Conduct & Ethics

1. Respect the rights, dignity and worth of every human being.

- Treat everyone equally and fairly, regardless of sex, disability, ethnic origin, or religion.

2. Be professional and accept responsibility for your actions.

- Display high standards in your language, manner, punctuality, preparation, and presentation.
- Display control, respect, dignity, and professionalism to all involved with the sport – this includes but is not limited to *fellow students / teammates, opponents, coaches (and extended coaching staff), officials, administrators, the media, parents, and spectators.
- Encourage others to demonstrate the same qualities.

3. Operate within the rules and spirit of our sport (as found on our website).

- The guidelines of the State bodies governing our sport, should be followed.

4. Foster a Safe, Welcoming and Inclusive Environment - any form of personal abuse or harassment towards others will not be tolerated.

- This includes, but is not limited to, verbal, physical, and emotional abuse, derogatory remarks against others (as listed above*) made in ANY public forum – e.g.: SMS, internet (including but not limited to - Facebook, Snapchat, Instagram etc) at classes, competitions, or any calisthenic / Club related activity / event.

5. Commitment to classes and practice.

- Punctual attendance at classes on a weekly basis is expected.
- Regular practice of team work outside of class is expected and encouraged.

6. Appropriate clothing to be worn to competitions, classes and when representing our Club as a team.

Class Wear –

- Black leotard and black / flesh-coloured footless tights or leggings.
- A black t-shirt is acceptable but must be tight fitting – no baggy or flared clothing.
- A black crossover top can also be worn.
- Our Tinies are permitted to wear either pink or black attire and dance skirts are also acceptable for this team.
- Hair is to be tied back and off the face.
- Socks are not allowed to be worn during warm up or for training.

Competition Wear –

- Compulsory black pants and a Club jacket. Black or white t-shirt / singlet.
- No denim, fluro, pyjama, cargo, or other pants.

7. Any physical contact with others should be appropriate to the situation.

8. Be fair, considerate, and honest with others.

9. Uphold our Child Safe Standards and adhere to other Club policies as outlined in our information handbook (as found on our website)